

MAY 2026

# HAWK TRACK AND FIELD

## NEWS

Welcome to Laguna Hills Track and Field Newsletter to keep the team, parents and community up to date on all activities happening within the Track and Field Program. This Newsletter will layout the basic information for the Track program year round.

- **Orange County Championships Meet:** We had 15 athletes compete in the meet at MVHS.
- **Athletes break personal records every week–** Team posted 385 PR's throughout the season.
- **Empire League Finals:** The Hawks had 7 League Champions
- **CIF Qualifiers–** 13 Athletes earned a CIF berth in 14 events.
- **CIF Finalists:** 3 Athletes moved on the CIF Finals
- **Team Banquet–** The end of the year banquet was held on May 18th.



### IMPORTANT DATES:

- |       |                               |
|-------|-------------------------------|
| 5/18- | Team Banquet                  |
| 6/4-  | Last Day of School            |
| 6/22- | Speed Forge Track Club starts |
| 8/20- | First Day of School           |



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# HAWK TRACK AND FIELD

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## 2026 COACHING STAFF

### Head Coach

**Coach Maz**

Mike Maceranka

[Macerankam@svusd.org](mailto:Macerankam@svusd.org)

100/200/ Pole Vault

### Assistant Coach

**Coach Milos**

Milos Salaski

400/800- Strength

### Assistant Coach

**Coach Stacia**

Stacia Pollock

Relays, High Jump, Long Jump  
and Triple Jump

### Assistant Coach

**Coach Brown**

Kirk Brown

Shot Put, Discus

### Assistant Coach

**Coach Lynch**

Chris Lynch

1600/3200

### Assistant Coach

**Coach Scooter**

Stephen Takacs

Assistant Sprints/Distance

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# HAWK TRACK AND FIELD

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What's New-

**We are investing in the program!**

## New Purchases

Training Hurdles (4) - Pop Up Tent for Home Meets

Speaker set up for Home Meets- CIF Qualifier T Shirts

Outdoor Permanent Records Board



# HAWK TRACK AND FIELD

## 2026 BUDGET UPDATES:

Thank you athletes and families. We covered all our expenses this season and have continued to invest in equipment for the program.

We have purchased a record board to be placed on the side of the snack bar. 6ft wide by 8ft tall.




**LAGUNA HILLS  
HIGH SCHOOL**



## ***TRACK & FIELD RECORDS***



<b>GIRLS</b>	<b>EVENT</b>	<b>BOYS</b>
	100 M	
	200 M	
	400 M	
	800 M	
	1600 M	
	3200 M	
	100H / 110 H	
	300 H	
	4 X 100 RELAY	
	4 X 400 RELAY	
	HIGH JUMP	
	LONG JUMP	
	TRIPLE JUMP	
	POLE VAULT	
	SHOT PUT	
	DISCUS	

***HARD WORK***  ***PAYS OFF***

# HAWK TRACK AND FIELD

## Athletes of the Meet

**Fountain Valley-** Kaiden Boggs, Maksim Soroosh, Nelli Rodriguez

**Ocean View-** Reece Ayala, Jack Moorman, Gavin Pianta, Skyler Yoast,  
Piper Schwartz

**Segerstrom-** Audrey Figueroa, Logan Yoast, Sophia D'Angelo, Logan Druckery

**Fullerton-** Ashley Silvey, Nina Guiliano, Sophia Ho, Vance Spurlock

**Valencia-** Reece Ayala, Vincent Bresnahan, Kate Cruikshank,  
Rebecca Davis, Ben Fuller, Jack Pollock

## PR Recognitions (386!)

All athletes who PR at a meet are recognized in front of the team and entered into a raffle for gift cards donated by or families. Thank you parents who donated cards. Based on the number of cards we have we typically give out 3-4 a meet. We are still accepting cards throughout the season to award our athletes.

2026 Outdoor Season [Click on Coach's Control Panel on left for coach tools and settings.](#) [How to Register](#)

[Track Home](#) [Season Trends](#) [Season's Top Marks](#) [SR Improvements](#)

Date	Meet	Location	# of Athletes	# of Athlete Competitions	# of PR's	# of Imprmnts	Meet Plan
2/7	Running For Wellness Charity Meet	LHHS	15	22	0	0	
2/24	Hawk Time Trials	LHHS	44	64	17	18	
3/3	@ Fountain Valley	Fountain Valley HS	73	135	32	40	
3/7	Irvine Track and Field Invitational	Irvine High School	5	5	2	4	
3/18	@ Ocean View	Ocean View HS	79	142	59	69	<a href="#">View meet plan</a>
3/20	Laguna Beach Trophy Invite	Laguna Beach HS					
3/21	Laguna Beach Trophy Invite	Laguna Beach HS	6	6	3	5	
3/21	San Clemente Triton Invite	San Clemente HS	9	13	4	7	
3/25	Segerstrom	LHHS	90	161	86	103	
4/2	@ Fullerton	Fullerton HS	75	124	59	77	
4/3	Trabuco Hills Invitational	Trabuco Hills High School	12	13	2	9	
4/15	Valencia	LHHS	88	165	65	97	
4/18	*Orange County Championships	MVHS	18	21	11	15	
4/18	Mt. SAC Relays	Mt. SAC	2	2	1	1	
4/23	Empire League Prelims	TBD	74	118	46	74	
4/30	Empire League Finals	TBD	88	179	74	158	
5/9	CIF Prelims	Yorba Linda HS	12	14	3	7	
5/16	CIF Finals	Moorpark HS	3	3	0	1	

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**XCStats was a game changer this season!**



**XCStats**— This is a great tool for everyone. We communicate to athletes via this app. Also it is the best way to track athletes performance. After each meet within an hour it send messages to all on the results of the meet. It also individualizes each athletes progress and compares their results to past results and has charts showing progress. Parents can get these same emails. We are all busy, so it's great to get the messages even when you can't make the meet and you can see how they did before they get home.

I cannot stress enough how important this app is to our program success. If you do not have it, download it and join our team.



**You can look back and see results of all meets our athletes competed on this year.**

**Athletic.net**— You can always find it online by looking up Laguna Hills High School and schedule on athletic.net . All results are posted and remain for years to come.

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## UNIFORMS

Athletes who purchased the \$300 Pack kept their uniform this season. They can wear it again next season. The uniform will not change. Those who purchased the \$200 pack or less returned the uniform at the end of the season.

All athletes must wear uniforms provided by the Track and Field program. If an athlete prefers a certain brand, they may purchase a solid black singlet and give it to Coach Maceranka prior to our uniform order. At that time it will be screen printed with the school issued uniforms. That is the only time athletes can turn in a uniform to be screened, after that they will wear what is provided by the team. Our uniforms are solid black and athletes can wear any solid black short they prefer.

## 2026 TEAM PHOTO



# HAWK TRACK AND FIELD

## 2026 BOYS TEAM

### FROSH

Gualberto	Ambrocio	9	FROSH
Andrew	Austin	10	FROSH
Kyle	Bonny	9	FROSH
Vincent	Bresnahan	10	FROSH
Chris	Camargo	10	FROSH
Miles	Campos	10	FROSH
Liam	Cruikshank	10	FROSH
Logan	Druckrey	10	FROSH
Caleb	Esfandiari	9	FROSH
Joshua	Esten	9	FROSH
Joaquin	Fisher	9	FROSH
Ben	Fuller	10	FROSH
Jacob	Givner	10	FROSH
Calvin	Huynh	9	FROSH
Sergio	Isiordia	9	FROSH
Zeke	Johnson	9	FROSH
Brycen	Kerrane	10	FROSH
Malaki	MacAllister	9	FROSH
Ace	Macias	9	FROSH
Jack	Medvene	9	FROSH
Aidin	Moradi	10	FROSH
Sasha	Mottahedan	10	FROSH
Edwin	Osorio	10	FROSH
Erick	Pacheco	9	FROSH
Jesus	Perez	9	FROSH
Jesus	Perez	10	FROSH
Bruce	Pham	9	FROSH
Jack	Pollock	9	FROSH
James	Radojicic	10	FROSH
Zion	Rascon	10	FROSH
Mateo	Restrepo	9	FROSH
Vance	Spurlock	10	FROSH
Braden	Sykes	10	FROSH
Jalen	Thomas	9	FROSH
Bradley	Valenta	9	FROSH
Jaxson	Vanderbeek	10	FROSH
Andrew	Warner	9	FROSH
Emiliano	Zarur	10	FROSH

### VARSITY

Bryan	Avila	11	VAR
Reece	Ayala	11	VAR
Kaiden	Boggs	10	VAR
Jason	Bonny	11	VAR
Torin	Brown	11	VAR
Bradley	Cantrell	11	VAR
Anthony	Castro	11	VAR
Wyatt	Elder	11	VAR
Charlie	Harris	12	VAR
Micah	Hawley	11	VAR
Roham	Heidari	12	VAR
Josue	Hernandez	12	VAR
Gamaliel	Hernandez	11	VAR
Blake	Imsande	10	VAR
Kanati	Juarez	11	VAR
Brayden	Lopez	11	VAR
Andrew	Mejia Perez	12	VAR
Jack	Moorman	10	VAR
Christian	Najera	11	VAR
Kenji	Nomura	12	VAR
Grantley	Oakes	11	VAR
Rowan	Olsheim	12	VAR
Gavin	Pianta	10	VAR
John	Sheridan	12	VAR
Maksim	Soroosh	10	VAR
Jacob	Vellema	12	VAR
Christopher	Webb	12	VAR
Gavin	Weinberg	12	VAR
Zane	Williford	12	VAR
Logan	Yoast	10	VAR
David	Zarate Acosta	12	VAR

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# HAWK TRACK AND FIELD

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## 2026 GIRLS TEAM

### FROSH

Harmony	Arvizu	10	FROSH
Sophia	D'Angelo	10	FROSH
Sadie	Guzman	9	FROSH
Sophia	Ho	10	FROSH
Karis	Kim	9	FROSH
Ciera	Makuch	9	FROSH
Jazmin	Medina	9	FROSH
Shelby	Obach	9	FROSH
Emily	Offenhauser	10	FROSH
Nelli	Rodriguez	10	FROSH
Estenia	Sanchez	9	FROSH
Luna	Tamaki	10	FROSH
Sophia	Vergara	9	FROSH

### VARSITY

Bella	Martinez	11	VAR
Faith	Aguirre	12	VAR
Katherine	Cruikshank	12	VAR
Rebecca	Davis	12	VAR
Cleo	Du	10	VAR
Audrey	Figueroa	10	VAR
Emma	Fries	9	VAR
Audrey	Frueh	12	VAR
Nina	Giuliano	12	VAR
Neko	Loberger	10	VAR
Hannah	Nourse	11	VAR
Piper	Schwartz	9	VAR
Ashley	Silvey	11	VAR
Skyler	Yoast	12	VAR



# HAWK TRACK AND FIELD

## LEAGUE INFORMATION

### Empire League for Track and Field



Part of the Golden Empire Conference



# HAWK TRACK AND FIELD

## 2026 Accomplishments



### QUALIFIERS

Neko Loeberger– Pole Vault  
Ashley Silvey– Discus  
Gavin Pianta– High Jump  
Rebecca Davis– 4 x 100m  
Nina Guiliano 4 x 100m  
Kate Cruikshank 4 x 100m  
Piper Schwartz– 100m, 200m  
Logan Yoast– 100m, 200m  
Kaiden Boggs– 200m  
Jacob Vellema– 200m, 400m  
Audrey Frueh– 400m  
Maksim Soroosh– 800m  
Micah Hawley– 3200m  
Hannah Nourse– 3200m

Luna Tamaki– Frosh Discus  
Brycen Kerrane– Frosh High Jump  
Neko Loeberger– Varsity Pole Vault  
Braden Sykes– Frosh 100m  
Logan Yoast– Varsity 100m  
Skyler Yoast– Varsity 800m  
Hannah Nourse– Varsity 3200m



# HAWK TRACK AND FIELD

## 2026 Individual Awards



# HAWK TRACK AND FIELD

## 2026 Individual Awards



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# HAWK TRACK AND FIELD

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## 2026 Varsity Scholar Athletes

Kate Cruikshank

Rebecca Davis

Cleo Du

Audrey Figueroa

Audrey Frueh

Nina Guiliano

Neko Loeberger

Piper Schwartz

Skyler Yoast

Bryan Avila

Reece Ayala

Kaiden Boggs

Jason Bonny

Anthony Castro

Charlie Harris

Michah Hawley

Jr. Hernandez

Blake Imsande

Kanati Juarez

Kenji Nomura

Grantley Oakes

Rowan Olsheim

Maksim Soroosh

Jacob Vellem

Chris Webb

Gavin Weinberg

Zane Williford

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# HAWK TRACK AND FIELD

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## Important links

**Team Website:** [lagunahillstrackandfield.com](http://lagunahillstrackandfield.com)

**LHHS Webstore:** [https://lhhswebstore.myschoolcentral.com/\(S\(syga4ou0dzjl5v2nlbc3zgrc\)\)/Index.aspx#/3817/378](https://lhhswebstore.myschoolcentral.com/(S(syga4ou0dzjl5v2nlbc3zgrc))/Index.aspx#/3817/378)

**XCSTATS:** [https://www.xcstats.com/track\\_team\\_page.php?school\\_id=1433](https://www.xcstats.com/track_team_page.php?school_id=1433)

**Athletic Clearance:** <https://www.athleticclearance.com/>



**lagunahillstrackandfield**

**Physical Form:** [https://www.svusd.org/uploaded/High\\_Schools/Laguna\\_Hills/Images/24\\_25/Physical\\_Forms,\\_HomeCampus\\_Athletic\\_Clearance\\_.pdf](https://www.svusd.org/uploaded/High_Schools/Laguna_Hills/Images/24_25/Physical_Forms,_HomeCampus_Athletic_Clearance_.pdf)

**Donation request letter:** [https://drive.google.com/file/d/1iscG263\\_oo7AfONa5BtbYdrKiNo77cvh/view?usp=sharing](https://drive.google.com/file/d/1iscG263_oo7AfONa5BtbYdrKiNo77cvh/view?usp=sharing)

**Transportation Form:** [https://svusdorg.finalsite.com/uploaded/High\\_Schools/Trabuco\\_Hills/Documents/2017-18/Athletics/Trans\\_Exempt\\_Form.pdf](https://svusdorg.finalsite.com/uploaded/High_Schools/Trabuco_Hills/Documents/2017-18/Athletics/Trans_Exempt_Form.pdf)



**TRACK AND FIELD**